Linguaskill

Linguaskill Remote

Candidate Instructions Booklet

For Linguaskill and Linguaskill Business

Version 1.0

CAMBRIDGE English

Contents

1.0 Introduction 2
2.0 Sample Tests & Access Arrangements 2
2.1 Accessing the sample tests 2
2.2 Access Arrangements 2
3.0 Taking the test remotely 3
3.1 Email confirmation 3
3.2 The secure browser 3
3.3 Technical check 3
3.4 The test room 4
3.5 Preparing to take the test 4
3.6 Support 6
4.0 Starting the Test 7
4.1 Log in and registration check 7
4.2 Completing the AI Invigilation pre-test checks 8
4.3 Linguaskill Test Instructions 11
4.4 Starting the next module 11
4.5 Troubleshooting guidance 12
5.0 Ending the test 13
6.0 Results 14
6.1 Viewing results 14
6.2 Malpractice 14
6.3 Your results explained and My Best Score 14

Versions

V1.0	**Released September 2025**	

Linguaskill

1.0 Introduction

These guidelines are for the use of candidates who are taking the Linguaskill test remotely. Linguaskill Remote uses features that replace the role of an on-site invigilator and uses video/image data, audio and event logs to monitor you as you take the test. Please note that all screen recordings of AI invigilated sessions will be deleted after a period of 6 months.

Candidates taking the Linguaskill test remotely must be 18 years old or older. The Linguaskill test is not recommended to people under 16 years of age. Candidates aged 16 and 17 may take the test in centre with parental permission. The test content of Linguaskill is designed for adult English language learners.

You will log into the test on the Metrica testing platform, and instructions will then provide step-by-step guidance on setting up, taking and ending the Linguaskill test.

You may enter for one or more of the four language skills: Speaking, Writing, Reading and Listening.

2.0 Sample Tests & Access Arrangements

2.1 Accessing the sample tests

To help you prepare for the test we have the following free sample tests available. Click on the links below to access the sample tests. Please note that they do not provide a result.

Linguaskill	**Linguaskill Business**
Linguaskill Reading Sample	Linguaskill Business Reading Sample
Linguaskill Listening Sample	Linguaskill Business Listening Sample
Linguaskill Speaking Sample	Linguaskill Business Speaking Sample
Linguaskill Writing Sample (If taking before 8 October)	Linguaskill Business Writing Sample (If taking before 8 October)
Linguaskill Writing Sample (If taking after 8 October)	Linguaskill Business Writing Sample (If taking after 8 October)

A series of preparation videos with Top Tips, created by our assessment specialists, to give you the best chance of succeeding in the test are now available. Please contact your centre for guidance on how to access these resources.

2.2 Access Arrangements

We have several ways to help candidates who require access arrangements, due to a temporary or permanent difficulty or condition, such as modified test material or additional time. Please get in touch with your Centre who can advise further.

Where specific arrangements are required, you must let your Centre know as soon as possible so that they can notify us in advance of the test. This is to ensure that any reasonable adjustments, such as modified test material or test conditions can be prepared or provisions put in place, as needed.

3.0 Taking the test remotely

3.1 Email confirmation

When taking the test remotely you will receive an email with your login details which is sent from no-reply@metritests.com. This provides important information including your login details and links to important documentation such as the Terms and Conditions. We recommend that you take the time to read these documents.

Please refer to the instructions you receive from your Linguaskill centre for further information regarding when to take the test and how to contact them if you need support.

3.2 The secure browser

Before you take the Linguaskill test, you must first download the secure browser, which prevents other windows and applications from being opened during the test.

It is recommended that you install the browser the day before your test to ensure a smooth test day experience. Information on how to install the secure browser can be found here:
https://pages.talview.com/securebrowser/

When ready to take the test copy and paste the following url to open the Secure Browser and the login page simultaneously:
https://pages.talview.com/securebrowser/?redirect_url=https://www.metritests.com/metrica/

The test will not open if you have not logged in via the secure browser.

You must ensure that no AI software, or similar AI assistance applications are installed or accessed during the Linguaskill Test.

3.3 Technical check

For all technology and system requirements please refer to the Minimum Technical Requirements. If you face any technical issues during the checks, you'll need to contact your Centre.

Your computer/laptop must meet the minimum technical requirements, which includes having a stable internet connection of 5 Mbps or above.

You will need:

- a laptop/PC,
- charger
- webcam 640x480 which may be inbuilt or wired or wireless. If using a desktop computer you will need an external webcam to complete the environment check.
- headphones (over-ear and closed back, with the earpieces covering the entire ear) with a microphone attached via a boom. USB or standard stereo connection. Bluetooth is not supported and you must not use built-in computer microphones.
- Mouses, keyboards and speakers are permitted and may be inbuilt, wired or wireless.

You are not permitted:

- to use a second monitor or have a second monitor anywhere in the test room.
- to use a computer/laptop which is attached to any other devices.
- to have a printer attached to the computer/laptop, this must be switched off and not be within reach.
- To have notes attached to or written on the computer/laptop or around the screen.

You must complete the **Technical check** at least 24 hours before taking the test. You can also access the Cambridge English Test Portal, known as Metrica, via this URL **https://www.metritests.com/metrica** and click on Technical Check in the bottom right corner.

Running the check will confirm if your laptop/PC meets the requirements needed to successfully run the Linguaskill test.

The check includes testing the operating system, browser, internet speed, headphones and microphone. You may need to refresh the page as you progress through these checks. Your computer must meet the minimum technical requirements, which includes having a stable internet connection.

3.4 The test room

Requirements for the test room and desk/worktable:

- The room is in a private residence or in a private space of a public building.
- The test **cannot** be taken in a public place shared with other people, e.g. library, café, open-plan office.
- The test may be taken in a room booked in a public building, e.g. a hotel room, a study room in a university library, if you can guarantee you will not be disturbed during the test.
- If the room has glass walls, it must have curtains or blinds which are closed to ensure privacy.
- The room is quiet with no excessive background noise, e.g. traffic noise that may distract you.
- Please ensure the door to your room is closed during the test.
- You must be alone in your test room during the test. If another person is seen, you will not receive a result.
- The room is well lit, and your surroundings are always clearly visible.
- Make sure that there are no posters or any other material with English writing visible.
- The test cannot be taken in a vehicle.
- You should take the test sitting or standing at a desk or table.
- Your computer/laptop is on desk or table, a low table e.g. coffee table is not permitted.
- You cannot take the test with a laptop on your lap, sitting on a sofa or lying down etc.
- Any desk drawers are closed.

3.5 Preparing to take the test

Make sure you:

- Check if you have all the right equipment which meets the technical requirements.

- Run the **Technical Check** as detailed in section 3.3. This must be completed at least 24 hours in advance of taking the test.

- Set up your room for the test. See Section 3.4. It must be a quiet and well-lit room where nobody will disturb you. There must be no one in the room with you and nobody should enter the room during the test.

- Check that there are no posters or any other material with English writing visible.

- Check that your desk is tidy and free from clutter and only has the following items:
  - Computer/laptop, computer stand if required, and charger
  - Keyboard, Mouse and Mouse Mat
  - Headset with the microphone on a boom, if taking the Speaking test. External speaker(s) are permitted for the Listening, if not taking the Speaking module.
  - External webcam
  - Login details.
  - Photo ID. This must be the valid identity document (passport or national ID card) that you applied for the test with. Further details below.
  - Pens, pencils, blank note paper
  - Bottle of water without label, or water in a clear glass/transparent cup
  - Tissues/handkerchief and medicine, confirmed and approved by your centre.

  All electronic devices, mobile phones and all watches must be switched off and kept outside of the room. You may need to access a mobile phone if you experience any technical difficulties during the test to contact your centre. This must be kept outside the test room and only accessed if needed.

- Have your login details ready. These are provided in the email sent from no-reply@metritests.com, we recommend writing down your login details which you should destroy after taking the test.

- You may reference this Instruction Booklet before the test, but this should not be on your desk when taking the test.

- Close all programs (except your browser) and all browser tabs on your PC or laptop.

- Close/uninstall any artificial intelligence (AI) software. You must ensure that no AI software, or similar AI assistance applications are accessed during the test. Access to AI software or applications during a test, will be flagged as malpractice. An application is not permitted if it can be used to gain marks illegitimately in the test, for example to:
  - identify spelling, punctuation, and grammar errors
  - suggest improvements to written text
  - draft text for responses.

- Ensure that any Input Method Editor (IME) software or keyboard-based translation software is closed or disabled for the test.

- Download and open the secure browser.

- Ensure you are dressed appropriately for the test, removing any watches if applicable.

- Use the restroom before your test as you will not be able to leave once the test begins. Breaks are only permitted between modules. If you do leave the room during the test this may be considered potential malpractice, and you may not receive your result.
- Please remember to have your photo ID ready that you used to register for the test. This should be a passport, government-issued national identity card or Cambridge English approved photo ID. You should inform your centre of any changes to your identity document before the test date. A candidate ID must be valid, original and unexpired. If your ID is not valid, original or in date you may not receive a result.
- Make sure you have read the information provided by your centre and know the date of the test, the start time and how to contact them in case of any issues.
- You need to be ready in your workspace before the scheduled test start time. If you start late, you may not be able to complete all parts of the test and you may not be eligible for a refund.
- Please be aware that if you disconnect from the test on multiple occasions and for extended periods of time, this may be considered potential malpractice, and you may not receive your result.

3.6 Support

For any questions on preparing for your Linguaskill test, the date and time to take the test and support when taking the test, please contact your Linguaskill centre.

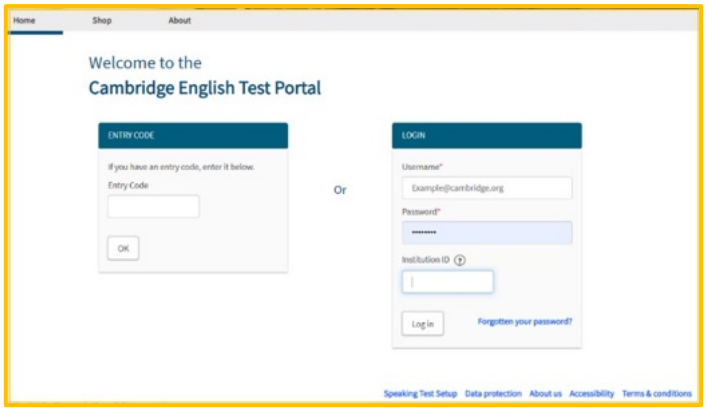
Make sure you know how to contact your centre during the test in case you experience any issues.

4.0 Starting the Test

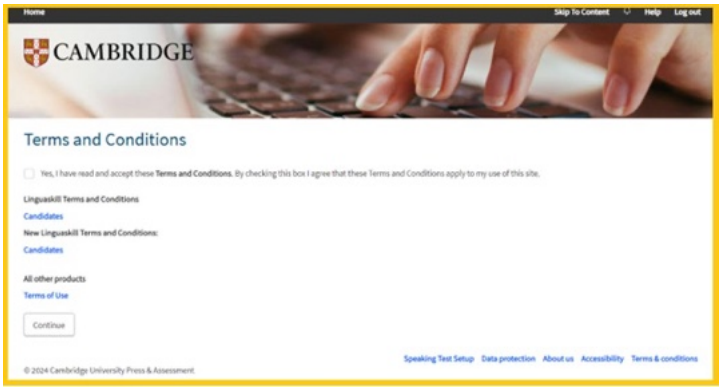
4.1 Log in and registration check

Open the secure browser and enter the following URL: https://www.metritests.com/.

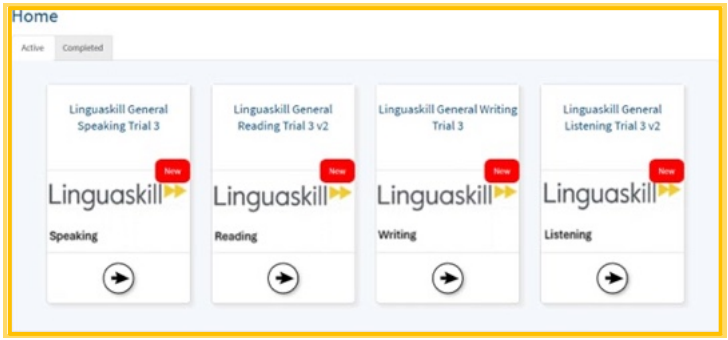
The Metrica login screen displays so you can enter the login details provided in your email sent from no-reply@metritests.com or provided directly by your Centre.



You will be asked to accept the **Terms and Conditions** for taking the test when you login. Failure to comply with the Terms and Conditions may mean your result is disqualified.



Under Home, the “Active” tab will show the modules to take. These can be taken in any order. The following example is for all 4 modules.



Click on one of the modules to start the test.

Under **Your Details** you will need to check your registration details. Please inform your Centre if anything is incorrect. There are two additional registration questions which you will need to complete which request your 'first language' and 'reason for taking the test'. The red asterisk * indicates a mandatory field.

When checked, click on the blue **Submit** button at the bottom of the screen. The timeline screen, which starts the test, will now display. Click on the orange **Open** button and follow the instructions.

4.2 Completing the AI Invigilation pre-test checks

Using the computer's webcam, you will be recorded and images of your screen will be captured. This recording of your activity whilst taking the test will be reviewed for potential malpractice and not following the requirements.
You will need to remain within the camera frame during the entire test. The AI invigilation service will monitor for any suspicious behaviour or use of additional devices or unauthorised items. The exception would be medical support devices, which you must make the centre aware of before the test, or a mobile phone where you experience a technical difficulty. At all other times mobile phones must be kept outside the test room.

Important: If you refresh your browser page or close the test at any time during the pre-test checks or your Linguaskill test, you will be required to go through all pre-test checks again.

Using your computer's webcam, the AI invigilation service will take your Test Day Photo and capture an image of your ID, either by taking a photo of your ID or by uploading a copy of your ID.

You need to remain within the camera frame during the test. You should not cover your mouth with either an object or your hand.

You will be monitored for any suspicious behaviour, use of additional devices or unauthorised items. The exception would be medical support devices or items, which you must make your Centre aware of before the test.

To perform the checks, follow the on-screen instructions and the following steps.

Step 1 Terms of Use

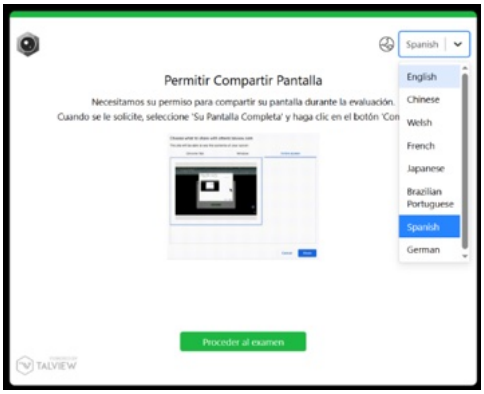
You will be asked to confirm that you accept Talview's, our invigilation partner, Terms of Use. If you do not agree and do not click to confirm that you agree to the Terms and Conditions and provide consent to capture your data then you will not be able to proceed with the test.

Step 2 Instructions

This step provides instructions for the pre-test checks. You can change the language settings for the pre-test checks using the drop-down menu in the top right-hand corner. The Cambridge English Test Portal, Metrica and the Cambridge English Skills Test are always in English.

The languages available are as follows:

- English
- Spanish
- French
- Italian
- Portuguese
- Romanian
- Japanese.
- German



Step 3 Allow Screen Share

The checks will look to access your microphone and web camera. You may be asked to click 'Allow' access to popups to proceed to the screen share step. You will be asked to confirm that you allow the sharing of your screen. Select **Entire Screen** and click on **Proceed ahead**.

Step 4 Face Capture/Test Day Photo

You will be asked to take a photo of your face. This is to assist with verifying your identity. The following are the main points to remember when taking the Test Day Photo:

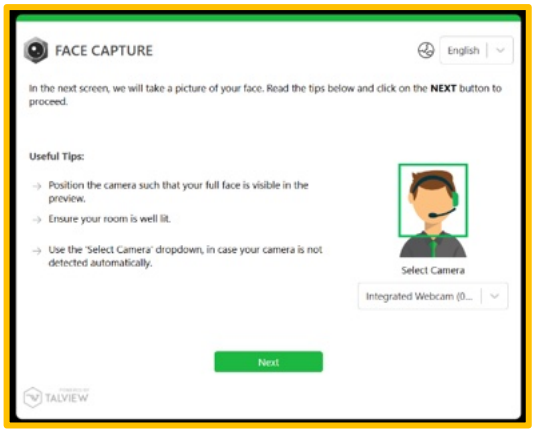
Remember to:

- include your head, shoulders and upper body
- face forwards and look straight at the camera
- make sure nothing is covering your face, for example hair over your eyes.

You must not:

- Smile, laugh or frown
- Wear headphones, dark glasses or have other objects or people clearly visible in the photo
- Wear a hat, or cover your head (unless it's for religious or medical reasons)
- Tilt your head sideways or look down.

Useful tips are provided on the screen. You can select the camera type from the dropdown menu if the camera is not detected automatically.



Step 5 Photo ID Capture

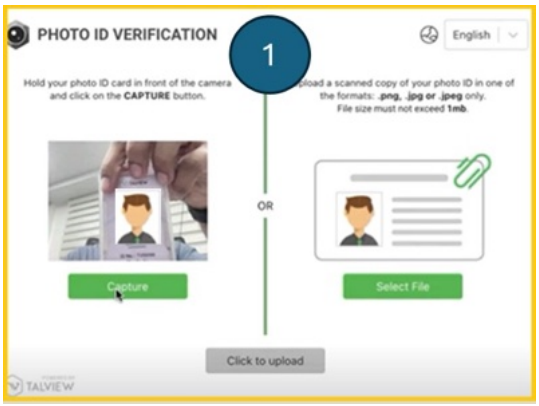
You must then allow the pre-test checks to capture a photo of your photo ID or alternatively upload your photo ID.

When capturing the photo ID, please make sure:

- The room is well lit
- Your ID is held close to the camera so that the ID card is captured clearly with all details visible
- Your fingers are not covering any of the information on the ID.

When capturing your photo ID, if the Capture button turns red, you can still press continue.

Attempts to hide or cover information will be considered malpractice. Your photo ID should match the ID that you registered for the test with. Valid forms of ID include your passport, identity card and biometric residence permit (if a photo is included). Your ID must contain your full name and a photo. You can also choose to upload a copy of your ID as a png/jpg/jpeg file.

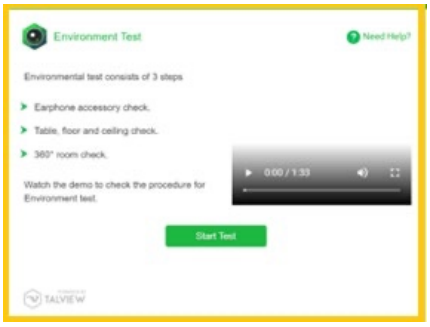


Step 6 360-degree environment check

The final step is to complete the 360-degree environment check so that your test location can be reviewed and verified as meeting requirements.

You must rotate your webcam (or laptop if you have an integrated webcam) 360 degrees to show your entire workspace. This must include your desk/table, floor and ceiling. Any attempt to hide parts of your workspace may be considered malpractice.

Please **ignore** the message that says: "*Do not use any earphone accessories*". For the Linguaskill Speaking and Listening tests, you are required to wear an external headphone and microphone headset to ensure good sound quality.



4.3 Linguaskill Test Instructions

You will be provided with instructions and information about taking the Linguaskill test. You can familiarise yourself with the type of questions and the format of test using the links to the sample tests in Section 2.0.

Read the text and instructions carefully before starting to answer any questions. Make sure you follow all the instructions throughout the test. Failure to do so may result in you being subject to investigation and you may not receive your result.

In the Speaking test if you do not provide a response this will be noted as ‘unmarkable’.

You must not:

- Have with you at your desk any items which are not allowed.
- Attempt to move away from the test window or use any other electronic devices or access unauthorised material/websites.
- Use offensive language.
- Smoke, vape, eat, or drink (except water) in your test room.
- Talk or whisper aloud, except during the Speaking module.
- Cover your mouth with either an object or your hand.
- Look around the room. The reviewer could interpret any such behaviour as suspicious.
- Engage in any form of malpractice which may damage the integrity of the Linguaskill test.

Inform your Centre if there is an issue with starting the test, you do not see the correct test on your computer screen, or the test is not showing correctly.

When you are ready, click Start in the bottom right-hand corner to begin the test.

4.4 Starting the next module

When the test ends, you will be presented with requests for your feedback and confirmation that the test is complete. See Section 5.0. You will then be provided with the Timeline screen. The green tick indicates that the test was completed.

From the Timeline Screen either click **Back** or navigate to the **Home** page and the **Active ta**b to start the next module.

Successfully completed tests will show under the **Completed** tab on the **Home** page.

Click on the next module, to start the next test.

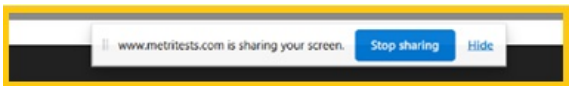
4.5 Troubleshooting guidance

During the test you must **not** attempt to close or move away from the test window on your computer or use any other electronic devices or unauthorised material.

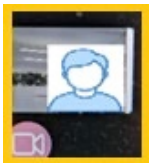
If you are having issues with starting the AI Invigilation service or there are issues with hearing the audio or the recording of you speaking, please clear the browser cache, any cookies or browsing data and start the test again. If hearing the audio continues to be an issue, try a spare headset, if you have one available.

Do not close the AI Invigilation service during the test. Where the test has closed, the AI invigilation service pre-test checks will need to be completed again before proceeding.

The message confirming the sharing of your screen can be hidden by clicking on **Hide**. If you click on **Stop sharing** the invigilation service will not be recording your screen and you will not receive your test result.



The video icon will display on your screen during the test. Clicking on the video icon will allow you to see that you are fully visible in the test screen. Adjust the position of the webcam if this is not showing your head and shoulders. Remember where there is no recording of you in the test screen, or you are only partially visible, this will be flagged as suspicious behaviour and you may not receive your result.



If the test stops or crashes when taking a test, refresh or reload the screen by clicking the refresh icon ↻ or by pressing "F5". This should return the test to the beginning of the question.

If this does not help, click "CTRL" + "F5" to provide a hard refresh, which clears the cache and any stored pages. The test should resume from the question you were completing.

If you are still unable to continue with the test, shut down the browser and log back into Metrica using your Username, Password and Institutional ID. Your previous answers should be stored, and you will return to the beginning of the question you were on.

For any issues before, during or after the test please contact your Centre directly.

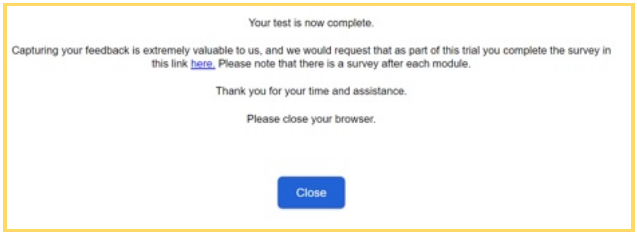
5.0 Ending the test

When ending the test, you will be presented with two screens confirming that the test is now complete and requesting feedback.

Please note: to close the Writing test before the time allocated, you need to click ‘End test’ in the top right-hand corner of the screen.

The first request is for feedback on the Talview pre-test check and the second message includes a link to a candidate survey. Your feedback is extremely valuable, and we would be very grateful if you could take a few minutes to answer the questions in the survey. Once you have done this you can close the test.

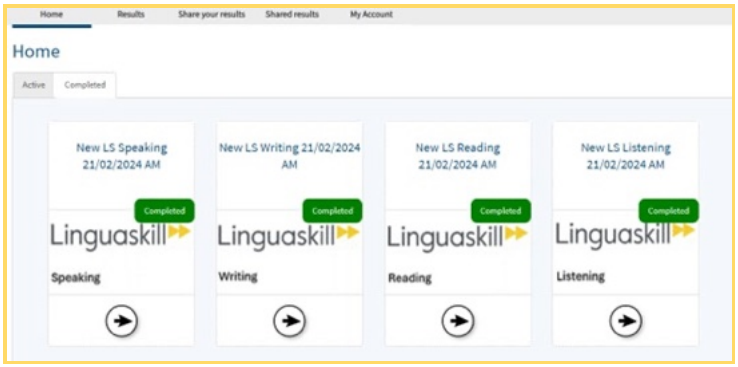
Please close the test using the blue ‘Close’ button before you close the browser. Do not click on the X in the corner of the browser without having first closed the test.



Once the test is completed, the test will update to show **Completed** on the **Home** page and will move to the **Completed** tab under **Home**.

For any tests taken that are not showing as completed, please check to see whether they are still in the Active tab and therefore still open. If this is the case click on the module, which will open the test and re-close.

When all tests are finished, they will all show under the **Completed** tab as below. Please note in this example all 4 modules were being taken.



6.0 Results

6.1 Viewing results

Your Centre will confirm when results will be available. Results are generally available within 6-8 days after the test. However, if you are part of a large session and depending on the number of modules being taken it can take longer. Your centre will be able to advise you. We recommend checking back regularly as results can often be released ahead of schedule.

To view results, log back in to the Cambridge English Test Portal, Metrica https://www.metritests.com/metrica using the same username, password and Centre ID that you used when taking the test. These will have been sent in an email from no-reply@metritests.com. When viewing results, you do not need to use the secure browser.

Please note that your email address will be your username in most cases. If you can't remember your password, you can click the **Forgotten your password?** link. You will also need the Institutional ID which is the Institution Number that you took the test under. This consists of five digits, for example GB599.

Under the **Home** tab you will see the **Active** and **Completed** tabs. Click on the **Results** tab.

6.2 Malpractice

Malpractice is any attempt to breach test security and obtain a fraudulent result that is not a true reflection of your level of English.

Remote Linguaskill tests will be fully reviewed after the test. If you are seen to have engaged in an activity that either is or could be interpreted as malpractice, you will have your result disqualified and will not be able to generate a digital Certificate or share your results with a recognising organisation.

The regulations detail that you must not engage in any form of malpractice. Malpractice includes, but is not limited to:

- using AI software, or similar AI assistance applications
- accessing notes of any kind from any source
- impersonating another candidate or having another candidate impersonate you.

Candidates engaging in malpractice will not receive a test result.

6.3 Your results explained and My Best Score

Your results are shown with a Cambridge English Scale score and a Common European Framework of Reference (CEFR) Level for each skill tested. The CEFR is the international benchmark for describing language ability, which means you can compare Linguaskill results to international standards.

An average Cambridge English Scale score and associated CEFR level will be provided. There is also an explanation of what each score means in terms of English language ability so you can see where you have performed well, and where you can improve.

Linguaskill results are shown for each module, and an average result is calculated from the modules taken on each test date, and **My Best Score** (where applicable). Please note that the Average result calculation will not include the following statuses: Below B1', '*', 'Pending' or 'Disqualified'. These statuses will not appear in My

Best Score and ‘Pending’ or ‘Disqualified’ statuses will prevent results from the same test day being shared or appearing in My Best Score.

Asterisk (*) in the Speaking Test

If you have received an asterisk (*) in the Speaking test, this indicates that the audio quality of the responses was not of a sufficient quality to enable us to assess the responses. Cambridge English is therefore unable to provide a result. Please contact your Linguaskill Test centre in the first instance around re-sitting the Linguaskill Speaking test.

Asterisk (*) in the Reading and/or Listening Test

If you have received an asterisk (*) for the Reading and/or Listening test, this indicates that not enough questions were answered within the time limit for their CEFR level (result) to be determined.

You may decide to try again for a better result, and you can do this immediately, or after having studied further. Remember that you can re-sit any module for Linguaskill and Linguaskill Business again. This means that you can concentrate solely on improving the skills you need.

If you have retaken any of the Linguaskill or Linguaskill Business modules, and the results are better than any previously taken modules they will automatically appear in **My Best Score.** A unique Linguaskill feature that enables you to choose your best score achieved.

For the result of the re-sit to be linked to the original test, you must sit the module(s) with the same centre and using the same user login (email).

Test results are available via the Cambridge English Test Portal, Metrica indefinitely. Candidates should check with the appropriate Recognising Organisation for how long they accept results.

Please note that you cannot mix Linguaskill in-centre test results with Linguaskill Remote test results. Your My Best Score and Digital Certificate will be specific to each delivery method. For example, if you take 4 modules in-centre and then repeat one of your modules remotely, your repeated test will appear on a separate certificate to your previous in-centre modules even if it has a higher score.

We help people
learn English and
prove their skills
to the world

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